



Layers of Protection from COVID-19; Keeping our Students and Staff Safe at School

We are looking forward to having students back on campus for full-day instruction. We realize that COVID-19 still poses a risk; therefore, we will follow our layers of protection that we instituted last year while also following the guidance of CDPH, Humboldt County, and our local health experts. We know more about COVID-19 than we did at the beginning of the pandemic, and we believe that these layers of protection will help us to open schools safely.

Layer One: Vaccination

All KTJUSD staff will be vaccinated or tested weekly for COVID. We also encourage surveillance testing of our vaccinated employees.

Students twelve years old and older qualify for the vaccine. Talk with your health care provider or visit myturn.gov to find out more.

Layer Two: At-Home Self-check

Students and staff should not come to school if they are experiencing any COVID-like symptoms or if they know they have been a close contact to a COVID-positive individual in the last ten days. Symptoms include fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, runny nose, congestion, nausea, vomiting, or diarrhea

Layer Three: Health Screenings upon Arrival to School

All students, staff, and visitors will pass through a checkpoint upon arrival to school. They will get their temperature taken and answer screening questions regarding symptoms and COVID exposure. At this point, they will sanitize their hands and get a mask if they need one.

*See COVID-19 Screening Flowchart and
COVID-19 Exposure Screening Flowchart (attached)*

Layer Four: Masking

All students and staff, regardless of vaccination status, will wear masks while at school, both indoors and outdoors. Masks will be provided to any individual who needs one.

Layer Five: Sickroom

Anyone displaying COVID-19 symptoms at school will be referred to administration for a COVID-19 Screening. We will use the bench outside the office or the sickroom, a small room near the office, to separate the symptomatic individual from others.

See COVID-19 Screening Flowchart

We ask that families prepare for possible contact during the day in order to have their child picked up quickly.

Layer Six: Hand Hygiene

All classrooms have hand sanitizer, which will be used before and after recesses, and at any other transitions during the day. All classrooms have sinks, and teachers will build hand washing into the daily classroom routine.

Our restroom policy will continue to be one student at a time.

Layer Seven: Distancing

We will continue to promote distancing as much as possible. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements (3 feet) when other mitigation strategies (e.g., masking) are implemented.

Layer Eight: Time Outside

We have created outside spaces for both learning and eating. We plan to use these spaces as much as weather and air quality permit.

Layer Nine: Ventilation

Our school facilities are equipped with modernized HVAC systems with MERV8 filters that are on a regular maintenance and replacement schedule. In the event that there is a positive case at school, the filter will be replaced in the room. Each room also has a standing HEPA air filter.

Layer Ten: Reporting and Contact Tracing

If we have a COVID case at our school, we will follow the latest guidance from the county health department for reporting and contact tracing, and exclusion from school until cleared.

See COVID-19 Positive Test in School Flowchart

Layer Eleven: Available Testing

COVID testing is now available for our students and staff at our school site. We will use this rapid antigen test as a targeted response and for surveillance testing.

Layer Twelve: Daily Cleaning

Our school facility is cleaned daily by our cleaning staff.

KTJUSD Health and Safety Protocols

TOP 3 PREVENTION MECHANISMS

WEAR A FACIAL COVERING
DISTANCE YOURSELF 3- 6 FEET FROM OTHERS
WASH YOUR HANDS FREQUENTLY/USE HAND SANITIZER

Prior to leaving your home, do a health self-assessment. If you are ill or answer yes to any of the questions below, do not come to any KTJUSD campus/facility.

1. Temperature Check (100.4 oral thermometer, 99.1 no touch thermometer)
2. Symptoms Review (fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, runny nose, congestion, nausea, vomiting, or diarrhea).
3. Have you or a member of your household tested positive for COVID-19 in the last 14 days?
4. Have you or a member of your household been exposed to anyone who has tested positive for COVID-19 in the past 14 days?

Upon arriving to work, staff will complete a health screening.

Illness

If you become sick at work with symptoms of COVID-19, notify your supervisor via phone call or text and immediately go home. Contact your medical provider if you have concerns about your health.

If you become ill at home, stay home, and notify your supervisor. People with COVID-19 have a wide range of symptoms. Symptoms may appear 2-14 days after exposure to the virus. Contact your medical provider if you have concerns regarding your health.

Employees may have been exposed if they are a “close contact” of someone who is infected with COVID-19, which is defined as being within 6 feet of a person with COVID-19 for 15 minutes cumulatively within a 24-hour period. All other employees should self-monitor for symptoms such as fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, runny nose, congestion, nausea, vomiting, or diarrhea. If they develop symptoms, they should notify their supervisor and stay home.

KTJUSD adheres to the protocols developed by the Humboldt County Public Health. Our district’s protocols will be updated with those of HCPH.

The following documents are published by the Humboldt County Office of Education in consultation with Humboldt County Public Health and are attached:

COVID-19 Screening Flow Sheet
COVID-19 Positive Test in School
COVID-19 Exposure Screening Flow Sheet
Quarantine_Isolation After Testing

08.20.21

Student or Staff complains of COVID-19 or MIS-C[^] symptoms.

- ▶ Place surgical mask on student or staff
(unless they are having difficulty breathing, if so call 9-1-1).
- ▶ Test student or staff with rapid antigen testing (if available)
- ▶ Student: Place in a room or safe outdoor area away from others until parent/guardian can pick them up.

VERBAL

- ▶ When did symptoms appear?
- ▶ Recent COVID-19 exposure?

VISUAL

- ▶ Difficulty or rapid breathing (without recent physical activity)
- ▶ Extreme fussiness
- ▶ Coughing
- ▶ Other COVID-19 Signs or Symptoms

PHYSICAL

- ▶ Temp ≥ 100.4 F
- ▶ Positive antigen test

Verbal, Visual, & Physical concerns out of range?

**NO AND/OR
NEGATIVE TEST**

Allow to rest for 10 minutes

**NOT
IMPROVED**

IMPROVED
Back to class

YES OR POSITIVE TEST

Verbal/Visual

- ▶ Isolate
- ▶ Contact School Nurse
- ▶ Send home ASAP
- ▶ Contact Healthcare Provider

YES

Physical

CALL 9-1-1 (EMS) IF:

- ▶ Trouble Breathing
- ▶ Bluish Lips/Face
- ▶ Chest Pain
- ▶ New Confusion
- ▶ Unable to wake or stay awake

Follow-Up with Students/Family, Health Services Administrator

**Signs & symptoms
of COVID-19**

- ▶ Fever 100.4F
- ▶ Chills
- ▶ Nasal Congestion
- ▶ Runny nose
- ▶ Shortness of breath
- ▶ Difficulty breathing
- ▶ Diarrhea
- ▶ Nausea/Vomiting
- ▶ Fatigue
- ▶ Headache
- ▶ Muscle or body aches
- ▶ New loss of taste or smell

**Signs & symptoms
of MIS-C[^]**

- ▶ Rash
- ▶ Red eyes
- ▶ Cracked/swollen lips
- ▶ Red/swollen tongue
- ▶ Swelling hands/feet
- ▶ Stomach pain
- ▶ Poor appetite or feeding

[^]MIS-C: Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs.

A COVID-positive person in supervised K-12 setting should isolate for 10 days.

Did the person expose anyone else at school?

(Was the person within 6 feet of anyone else for > 15 minutes over a 24-hour period within 48 hours before symptom onset or positive test?)

YES

NO

Exposed person is not a student
Is the exposed person vaccinated?

Exposed person is a student
Is the exposed student vaccinated?

There are no close contacts
who need to quarantine

YES

NO

YES

NO

Is the exposed person
symptomatic?

**10-Day
Quarantine**

No quarantine; Test at day 3-5
after exposure

Were both the positive person and
exposed student wearing masks
during the exposure?

YES

NO

YES

NO

**Exclude from campus. Test
at day 3-5 after exposure,
may return if negative test
and symptoms resolving***

**No quarantine; Test at
day 3-5 and monitor
for symptoms.**

**Modified Quarantine: exposed student may continue in-
person instruction only and must test 2x per week for 10
days[^]; no sports, community or extracurricular activities
until end of quarantine. (May shorten quarantine to 7
days if negative test after 5th day after exposure.)**

**Exposed student 10-day quarantine
if untested; may shorten quarantine
to 7 days if negative test after 5th
day after exposure.**

NOTE: PCR test is preferred, but antigen tests are acceptable.

[^] = Recommended cadence is immediately after learning of exposure, then every three days after that.

Quarantine guidance: <https://humboldt.gov/2831/Isolation-and-Quarantine-Orders>

*See CDC Website: Staying Home when Sick and Getting Tested

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html#staying-home>

Student or staff share they have been exposed/in close contact (within 6 feet for 15 minutes or greater) OUTSIDE OF SCHOOL SETTING with:

Someone being tested for COVID-19

Someone who has tested positive for COVID-19

Someone who has been in close contact with someone who may have been exposed to COVID-19

STUDENT/STAFF SHOULD:

- ▶ If vaccinated: monitor for symptoms
- ▶ If not vaccinated: Quarantine pending results of Covid-19 test

STUDENT/STAFF SHOULD:

- ▶ Practice physical distancing.
- ▶ Wash hands frequently
- ▶ Wear a mask
- ▶ Continue self check for COVID-19 symptoms

CONTACT TESTS NEGATIVE:

- ▶ If negative unvaccinated student staff may return to school/work

CONTACT TESTS POSITIVE

STUDENT/STAFF ACTIONS:

If vaccinated without symptoms: Monitor for Symptoms

If unvaccinated or vaccinated with symptoms:

- ▶ Student/Staff who were exposed must be excluded for **10 days after** the last known exposure, **with or without testing**, provided that such employees, **between days 10 and 14**, wear face coverings at all times, stay at least 6 feet from others, and immediately self-isolate if any symptoms appear.
- ▶ Expect contact from public health
- ▶ Persons up to age 18 are recommended to test between day 7 and 10 of quarantine
- ▶ Self-Check for symptoms of COVID-19.
- ▶ If symptoms develop contact public health and health care provider

Health Care Providers May Include:

- ▶ Physician or Surgeon
- ▶ Physician's Assistant
- ▶ Nurse Practitioner
- ▶ Public Health Nurse

I just found out I'm COVID-19 POSITIVE (regardless of vaccination status):

- ▶ Self-isolate at home for 10-14 days (see below).
- ▶ Avoid infecting others.

- ▶ An employee who tested positive **and has symptoms** may not return to work until all of the following "return to work" criteria have been met: **10 days have passed** from the first symptoms; COVID-19 symptoms **have improved**; and **at least 24 hours** since a fever of 100.4 or higher resolved.
- ▶ Any person who tested positive and **does not have symptoms, regardless of vaccination status**, may not return to work until 10 days after the positive test.

After Your COVID-19 Test

Continue to monitor your health, and take steps to protect yourself and others. Next steps depend on your situation. Seek medical attention if your condition is worsening.



▶ While waiting for your test results:

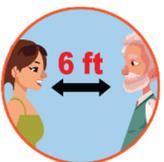
If a medical professional identified you as a CLOSE CONTACT* of a KNOWN POSITIVE or you were notified recently by a KNOWN POSITIVE that you were a CLOSE CONTACT and you are not fully vaccinated: Follow QUARANTINE procedures and stay home for at least 10 days from the date of your exposure even if you do not have symptoms. Do not get retested during your quarantine period unless instructed to do so by a medical professional. A negative test does not lessen the quarantine time. If you are a health care worker or first responder, please inform your employer.

If you are a CLOSE CONTACT* of a KNOWN POSITIVE and are fully vaccinated and not experiencing symptoms: test day 3-5 after exposure, wear a mask indoors in public for 14 days following exposure or until your test result is negative.

If you have symptoms, stay home and await test results, except to get medical care. Follow ISOLATION procedures until you receive your results, in case you have been infected.

If you were tested for routine surveillance, work, travel or medical clearance, you can return to normal activity and continue to minimize your interactions with others until you get your results.

*CLOSE CONTACT: being within 6 feet of someone who has COVID-19 for a total of 15 minutes or more over 24 hours during infectious period.



▶ After you receive your results:

If you test positive, stay home, follow ISOLATION procedures and call the COVID Community Information Line at 707-441-5000 for more information.

If you test negative and were identified as a CLOSE CONTACT and are not fully vaccinated, follow QUARANTINE procedures. You could still become infected. Do not get retested. It puts health care staff at risk and will not shorten your QUARANTINE time. If symptoms develop, contact your care provider or call the COVID Community Information Line at 707-441-5000.

If you test negative and were identified as a CLOSE CONTACT and are fully vaccinated, monitor for symptoms. If you develop symptoms within 14 days of your exposure, follow ISOLATION procedures and contact your care provider or call the COVID Community Information Line at 707-441-5000.

If you test negative and were not identified as a CLOSE CONTACT, you probably were not infected at the time your sample was collected. Continue to follow all COVID-19 safety measures. If symptoms develop, contact your care provider or call the COVID Community Information Line at 707-441-5000.



▶ How you will be notified:

Ask the testing site how you will be notified of your results. Not all sites notify if results are negative. If you are not contacted within seven days, call the location where you were tested. If you were tested through Humboldt County Public Health, call the COVID Community Information Line at 707-441-5000.

Continue to practice physical distancing, wear a face covering outside the house and practice proper hygiene, including washing your hands.



▶ Quarantine vs Isolation:

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.

- If you had close contact with a person who has COVID-19 and are not fully vaccinated:
 - Stay home until 10-14 days after your last contact (14 days is safest to prevent spread of the infection to others)
 - Check your temperature twice a day and watch for symptoms of COVID-19
 - If possible, stay away from people who are at higher risk for getting very sick from COVID-19.
- If you had close contact with a person who has COVID-19 and are fully vaccinated:
 - Get tested 3-5 days after exposure
 - Wear a mask indoors in public for 14 days following exposure or until your test result is negative
 - Monitor for symptoms. If symptoms develop, contact your care provider or call the COVID Community Information Line at 707-441-5000.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

- If you are sick and think or know you have COVID-19, stay home until after:
 - At least 10 days since symptoms first appeared and
 - At least 24 hours with no fever without fever-reducing medication and
 - Symptoms have improved.
- If you tested positive for COVID-19 but do not have symptoms, stay home until after:
 - 10 days have passed since your positive test.
- If you live with others:
 - Stay in a specific “sick room” or area
 - Stay away from other people or animals, including pets
 - Use a separate bathroom, if available.

**If you have questions, call the COVID Community Information Line at
707-441-5000.**

**Guidance on how to isolate or quarantine at home can be found at
humboldt.gov/blanketorders.**